



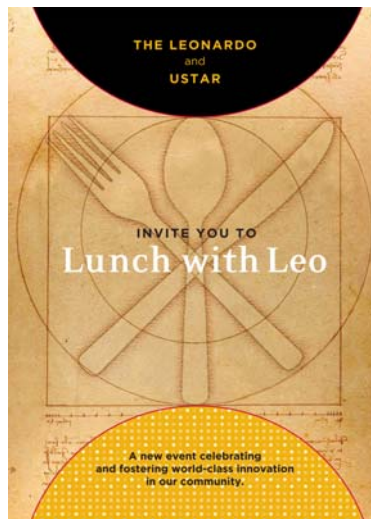
LUNCH WITH LEO DISCUSSION TO EXPLORE NUTRITIONAL PATHWAYS TO HEALTH

USU research has implications for prevention and treatment of obesity, type II diabetes, cardiovascular disease, and neurodegenerative diseases of aging such as Alzheimer's

USTAR and the Leonardo are holding a public science lecture and luncheon on Feb. 18th featuring Dr. David York and Dr. Michael Lefevre of USU's Center for Advanced Nutrition (CAN).

CAN aims to understand the mechanisms through which diet impacts health and disease from the level of the gene to the whole individual. The Center focuses on the modern scourges of obesity, type II diabetes, cardiovascular disease, and neurodegenerative diseases of aging such as Alzheimer's.

Understanding nutritional effects provides opportunities to identify biomarkers for health and disease, and the discovery of new targets for pharmacotherapy. The science of nutrition promises to expand the development of new tests and products, and to shape nutritional approaches to prevent disease.



At this Lunch with Leo session - entitled "**Are you what you eat or what your genes condemn you to?**" - the professors will facilitate a wide-ranging discussion of diet. We'll explore myths and breakthroughs around the individual choices in what we eat and how we respond to our diets. We'll discuss how nutritional science may influence our health and disease in the future, including the development of new tests and products, and nutritional approaches to prevent disease.

And don't worry, at Lunch with Leo, we'll have plenty of fresh fruit, vegetables, lean meats, and whole grains to enjoy. CAN's clinical dietician is helping design the menu!

Lunch with Leo
February 18, 2009
12:00 noon to 1:30 pm

Zions Bank Building
1 So. Main Street, 18th Floor
Salt Lake City, UT

To register, visit www.theleonardo.org/lunch or call 801-531-9800.
There is a \$25 charge for lunch.

For more information on Dr. York and Dr. Lefevre, visit
www.innovationutah.com/allstarinnovators.html

ABOUT USTAR

The Utah Science Technology and Research initiative (USTAR) is a long-term, state-funded investment to strengthen Utah's "knowledge economy" and generate high-paying jobs. Funded in March 2006 by the State Legislature, USTAR is based on three program areas. The first area involves funding for strategic investments at the University of Utah and Utah State University to recruit world-class researchers. The second area is to build state-of-the-art interdisciplinary facilities at these institutions for the innovation teams. The third program area involves teams that work with companies and entrepreneurs across the State to promote science, innovation, and commercialization activities. For more information, go to www.innovationutah.com.

Feb. 6, 2009